

WALKING/HIKING INTEREST GROUP GUIDELINES - CFUW SUNSHINE COAST

EVERY 2ND AND 4TH FRIDAYS OF THE MONTH

10:00 AM at the trailhead

- 1) Due to COVID-19 concerns participants must be fully vaccinated and please don't join the scheduled hike if you are not feeling well.
- 2) The hikes will be arranged a few months at a time and emailed to the group to give directions to the trailhead.
- 3) An email will be send Monday on the week of the hike as a reminder. Please respond by Thursday afternoon by 2:00 pm if you are planning on being there. We don't want to leave anyone behind.
- 4) If there are no responses for a particular hike you will be advised by email that the hike is cancelled.